

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Ann Dypiango, LCSW, private practice

1369 Foothill Blvd. La Canada Flintridge , CA 91011

818-495-5814

<http://www.lacanadatherapist.com>

Languages:	English
Age Group Served:	all
Services:	Individual Therapy
Evidence-Based Practices:	CBT (Cognitive Behavioral Therapy), Online Psychotherapy, IPT (Interpersonal Psychotherapy), Solution Focused Psychotherapy, Triple P (Positive Parenting Program), EMDR (Eye Movement Desensitization and Reprocessing), Perinatal and postpartum mental health, Strength Based, Supportive Psychotherapy, TFCBT (Trauma-focused Cognitive Behavioral Theory), and Trauma-informed approaches
Appointment Required?	Yes
Insurance Accepted:	Victims of Crime (VOC) and None, but superbill available
Resource Type:	private practice
Intake Requirements:	none
Intake Requirements:	none
Hours:	please contact provider for hours