

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Irene Berlin, MFT, MA, private practice

2309 Pacific Coast Hwy, Ste. 208 Hermosa Beach , CA 90254

310-316-7800

Languages:	English
Age Group Served:	adults
Services:	Family/Dyad (parent and baby) Therapy and Individual Therapy
Evidence-Based Practices:	Interaction Guidance, Mindful Parenting, CBT (Cognitive Behavioral Therapy), CPP (Child Parent Psychotherapy), IPT (Interpersonal Psychotherapy), and Solution Focused Psychotherapy
Appointment Required?	Yes
Insurance Accepted:	Anthem, Blue Cross, Blue Shield, Covered California, Magellan, MHN, United and Optum, and Will bill patient's insurance as out-of-network provider
Resource Type:	private practice
Intake Requirements:	none
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Hours:	please contact provider for hours