

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

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<http://www.jessicagallo.com>

Languages:	English
Age Group Served:	all
Services:	not specified
Evidence-Based Practices:	CBT (Cognitive Behavioral Therapy), Creative Art Therapy, Long-term Psychotherapy, Mindful Parenting, Mindfulness Based Therapy, Motivational Interviewing, Multicultural, Nonviolent Parent Education, Perinatal and postpartum mental health, Play therapy, Postpartum Support Groups, Pregnancy Support Groups, Psychodynamic Psychotherapy, Seeking Safety, Short-term Psychotherapy, Solution Focused Psychotherapy, Strength Based, TFCBT (Trauma-focused Cognitive Behavioral Theory), and Trauma-informed approaches
Appointment Required?	Yes
Insurance Accepted:	Will bill patient's insurance as out-of-network provider
Resource Type:	private practice
Intake Requirements:	none
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Hours:	please contact provider for hours