

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Jennell Casillas/ Central Valley Family Therapy

770 E. Shaw Avenue Suite 230 Fresno , CA 93710

559-691-6840 ext. 104 | 559-691-6840 ext. 101

<http://www.centralvalleyfamilytherapy.com>

Languages:	English
Age Group Served:	all
Services:	Individual Therapy, Couples Therapy, and Family/Dyad (parent and baby) Therapy
Evidence-Based Practices:	Art Therapy, Attachment Theory Oriented Perspectives, Breastfeeding Support, CBT (Cognitive Behavioral Therapy), EFT (Emotionally Focused Therapy), Emotionally Focused Therapy, Family Focused Therapy, Short-term Psychotherapy, Solution Focused Psychotherapy, Supportive Psychotherapy, TFCBT (Trauma-focused Cognitive Behavioral Theory), and Trauma-informed approaches
Appointment Required?	Yes
Insurance Accepted:	Anthem, Blue Cross, Cigna, Covered California, HealthNet, Medi-Cal, MHN, and Tricare
Resource Type:	private practice
Intake Requirements:	none
Intake Requirements:	none
Hours:	please contact provider for hours