

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Michelle Harwell Therapy

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424-570-5491

<http://www.michelleharwelltherapy.com>

Languages:	English
Age Group Served:	all
Services:	Family/Dyad (parent and baby) Therapy and Couples Therapy
Evidence-Based Practices:	Art Therapy, Attachment Theory Oriented Perspectives, CBT (Cognitive Behavioral Therapy), Family Focused Therapy, Interaction Guidance, Internal Family Systems, Long-term Psychotherapy, Mindful Parenting, Play therapy, and Positive Discipline
Appointment Required?	Yes
Insurance Accepted:	not specified
Resource Type:	private practice
Intake Requirements:	none
Intake Requirements:	none
Hours:	please contact provider for hours