

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Rachael Bloom, LCSW

12304 Santa Monica Blvd, #215A Los Angeles , CA 90025

310-365-8394

<http://www.rachaelbloomtherapy.com>

Languages: English

Age Group Served: all

Services: Couples Therapy, Family/Dyad (parent and baby) Therapy, and Individual Therapy

Evidence-Based Practices: Art Therapy, Attachment Theory Oriented Perspectives, Breastfeeding Support, CBT, CBT (Cognitive Behavioral Therapy), CPP (Child Parent Psychotherapy), Creative Art Therapy, Family Focused Therapy, Feminist Therapy, IPT (Interpersonal Psychotherapy), Long-term Psychotherapy, Mindfulness Based Therapy, Motivational Interviewing, Nonviolent Parent Education, Perinatal and postpartum mental health, Person-Centered, Positive Discipline, Psychodynamic Psychotherapy, Reflective Parenting, Short-term Psychotherapy, Solution Focused Psychotherapy, Strength Based, Supportive Psychotherapy, and Triple P (Positive Parenting Program)

Appointment Required? Yes

Insurance Accepted: None, but superbill available, Will bill patient's insurance as out-of-network provider, Cigna, Kaiser Permanente, and Medicare

Resource Type: private practice

Intake Requirements: none

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Hours: please contact provider for hours