

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

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<http://www.sarasotalifecounseling.com>

Languages:	Russian
Age Group Served:	all
Services:	not specified
Evidence-Based Practices:	Acceptance and Commitment Therapy, CBT (Cognitive Behavioral Therapy), Nonviolent Parent Education, Parent Project classes, Perinatal and postpartum mental health, and Online Psychotherapy
Appointment Required?	Yes
Insurance Accepted:	not specified
Resource Type:	private practice
Intake Requirements:	none
Intake Requirements:	none
Hours:	please contact provider for hours