

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Rebecca Gitlin, Ph.D.

Los Angeles , CA 90068

818-927-2807

<https://therapists.psychologytoday.com/347606>

Languages:	English
Age Group Served:	all
Services:	Individual Therapy
Evidence-Based Practices:	Perinatal and postpartum mental health, Motivational Interviewing, Mindfulness Based Therapy, Long-term Psychotherapy, IPT (Interpersonal Psychotherapy), Emotionally Focused Therapy, CBT (Cognitive Behavioral Therapy), Psychodynamic Psychotherapy, Seeking Safety, Short-term Psychotherapy, Solution Focused Psychotherapy, Strength Based, Supportive Psychotherapy, Acceptance and Commitment Therapy, Feminist Therapy, Multicultural, and Person-Centered
Appointment Required?	Yes
Insurance Accepted:	not specified
Resource Type:	not specified
Intake Requirements:	none
Intake Requirements:	none
Hours:	monday 05:00PM to 09:00PM