

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Janiel L. Henry, Psy.D.

114 N. Indian Hill Blvd. Suite B Claremont , CA 91711

909-603-9300

<http://www.drjaniellhenry.com>

Languages:	English and Spanish
Age Group Served:	adults
Services:	Individual Therapy
Evidence-Based Practices:	CBT (Cognitive Behavioral Therapy), Imagery, IPT (Interpersonal Psychotherapy), Person-Centered, Multicultural, Motivational Interviewing, Perinatal and postpartum mental health, Seeking Safety, Short-term Psychotherapy, Solution Focused Psychotherapy, Strength Based, Supportive Psychotherapy, and Psychodynamic Psychotherapy
Appointment Required?	Yes
Insurance Accepted:	None, but superbill available, Anthem, Beacon Health Strategies, Medicare, MHN, Tricare, and United and Optum
Resource Type:	private practice
Intake Requirements:	Phone Screening, In-Person Initial Evaluation
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Hours:	please contact provider for hours