

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Jazmine Ortiz Private Practice

, CA 91011

626-578-5501

<http://sandboxfamilyservices.com>

Languages: English and Spanish

Age Group Served: all

Services: Couples Therapy, Family/Dyad (parent and baby) Therapy, Home-Based Mental Health Support, Individual Therapy, and Group Support

Evidence-Based Practices: CBT (Cognitive Behavioral Therapy), CPP (Child Parent Psychotherapy), DBT (Dialectical Behavior Therapy), EFT (Emotionally Focused Therapy), Emotionally Focused Therapy, Floor Time, Home Visiting, Imagery, IPT (Interpersonal Psychotherapy), Life Coaching, MAP (Managing and Adaptive Practices), Mindful Parenting, Mindfulness Based Therapy, Postpartum Support Groups, Pregnancy Support Groups, Sandplay, Seeking Safety, and Short-term Psychotherapy

Appointment Required? Yes

Insurance Accepted: not specified

Resource Type: not specified

Intake Requirements: none

Intake Requirements: none

Hours: please contact provider for hours