

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Jazmine Ortiz-Ulibarri

, CA 91792

626-578-5501

<http://www.sandboxfamilyservices.com>

Languages: English and Spanish

Age Group Served: all

Services: Couples Therapy, Family/Dyad (parent and baby) Therapy, Home-Based Mental Health Support, Individual Therapy, Programs for Fathers, and Group Support

Evidence-Based Practices: CBT (Cognitive Behavioral Therapy), CPP (Child Parent Psychotherapy), Floor Time, Home Visiting, Mindful Parenting, Postpartum Support Groups, Pregnancy Support Groups, Seeking Safety, TFEBT (Trauma-focused Cognitive Behavioral Theory), Art Therapy, Family Focused Therapy, Infant Massage, Life Coaching, MAP (Managing and Adaptive Practices), Multicultural, Nonviolent Parent Education, Online Psychotherapy, Perinatal and postpartum mental health, Play therapy, Positive Discipline, Sandplay, Short-term intensive parent consultation, Short-term Psychotherapy, and Triple P (Positive Parenting Program)

Appointment Required? Yes

Insurance Accepted: None, but superbill available, Patient pays upfront and we give them bill to submit, Pending insurance panel approval, and Victims of Crime (VOC)

Resource Type: private practice

Intake Requirements: none

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Hours: please contact provider for hours