

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Triune Therapy Group

11600 Wilshire Blvd, Suite 412 Los Angeles , CA 90025

310-433-9088 | 310-993-1664

<http://www.triunetherapy.com>

Languages:	English
Age Group Served:	adults
Services:	Couples Therapy, Family/Dyad (parent and baby) Therapy, Individual Therapy, and Group Support
Evidence-Based Practices:	Attachment Theory Oriented Perspectives, CBT (Cognitive Behavioral Therapy), EEG Neurofeedback, EMDR (Eye Movement Desensitization and Reprocessing), Jungian psychotherapy, Mindfulness Based Therapy, Postpartum Support Groups, Psychodynamic Psychotherapy, Seeking Safety, and TFCBT (Trauma-focused Cognitive Behavioral Theory)
Appointment Required?	Yes
Insurance Accepted:	not specified
Resource Type:	not specified
Intake Requirements:	Meet with the facilitator once to assess goodness of fit
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Hours:	please contact provider for hours