

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Marissa Zwetow, LMFT, - Postpartum Happiness

23181 La Cadena Dr, Ste 104 Laguna Hills , CA 92653

949-424-3034

<http://postpartumhappiness.com>

Languages:	English
Age Group Served:	adults
Services:	Individual Therapy and Group Support
Evidence-Based Practices:	CBT (Cognitive Behavioral Therapy), Life Coaching, Postpartum Support Groups, Solution Focused Psychotherapy, Strength Based, and Supportive Psychotherapy
Appointment Required?	Yes
Insurance Accepted:	Aetna and Anthem
Resource Type:	private practice
Intake Requirements:	none
Intake Requirements:	none
Hours:	please contact provider for hours