

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Jennifer Shim Lovers, M.S., M.Div., private practice

3030 E. Colorado Blvd Pasadena , CA 91214

626-344-8708

<http://www.pasadenafamilytherapist.com>

Languages:	English
Age Group Served:	all
Services:	Individual Therapy, Family/Dyad (parent and baby) Therapy, and Couples Therapy
Evidence-Based Practices:	CBT (Cognitive Behavioral Therapy), Attachment Theory Oriented Perspectives, Art Therapy, Multicultural, Long-term Psychotherapy, Interpersonal Neurobiology, EFT (Emotionally Focused Therapy), Mindfulness Based Therapy, Emotionally Focused Therapy, CBT, Psychodynamic Psychotherapy, Seeking Safety, Solution Focused Psychotherapy, Strength Based, TFEBT (Trauma-focused Cognitive Behavioral Theory), Triple P (Positive Parenting Program), Perinatal and postpartum mental health, Person-Centered, Play therapy, Positive Discipline, Short-term intensive parent consultation, Short-term Psychotherapy, and Trauma-informed approaches
Appointment Required?	Yes
Insurance Accepted:	not specified
Resource Type:	private practice
Intake Requirements:	Initial Session
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Hours:	please contact provider for hours