

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

Tiffany Howsam, MFT, private practice

, CA 90066

310-498-6128

<http://www.tiffanyhowsam.com>

Languages:	English
Age Group Served:	all
Services:	Couples Therapy, Home-Based Mental Health Support, and Individual Therapy
Evidence-Based Practices:	Attachment Theory Oriented Perspectives and CBT (Cognitive Behavioral Therapy)
Appointment Required?	Yes
Insurance Accepted:	None, but superbill available
Resource Type:	not specified
Intake Requirements:	none
Intake Requirements:	none
Hours:	please contact provider for hours