

## MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

### Provider Profile

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#### **Home-SAFE, a division of Vista Del Mar Child & Family Service**

6926 Melrose Ave. Los Angeles , CA 90038

323-934-7979 ext. 114

Languages:	English and Spanish
Age Group Served:	all
Services:	Family/Dyad (parent and baby) Therapy, Group Support, and Home-Based Mental Health Support
Evidence-Based Practices:	Attachment Theory Oriented Perspectives, CBT (Cognitive Behavioral Therapy), CPP (Child Parent Psychotherapy), Floor Time, Home Visiting, Mindful Parenting, Mindfulness Based Therapy, Psychodynamic Psychotherapy, Reflective Parenting, Short-term Psychotherapy, and Strength Based
Appointment Required?	Yes
Insurance Accepted:	No insurance necessary
Resource Type:	not specified
Intake Requirements:	none
Intake Requirements:	none
Hours:	friday 08:00AM to 05:00PM thursday 08:00AM to 05:00PM wednesday 08:00AM to 05:00PM tuesday 08:00AM to 05:00PM monday 08:00AM to 05:00PM