

MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

Provider Profile

SPIRITT Family Services

2000 Tyler Avenue South El Monte , CA 91733

626-442-1400 | 855-714-8800

<https://www.spiritt.org>

Languages:	Cantonese, English, and Spanish
Age Group Served:	all
Services:	Family/Dyad (parent and baby) Therapy, Group Support, Home-Based Mental Health Support, Individual Therapy, and Programs for Fathers
Evidence-Based Practices:	CBT (Cognitive Behavioral Therapy), CPP (Child Parent Psychotherapy), Home Visiting, Incredible Years, IPT (Interpersonal Psychotherapy), PCIT (Parent-Child Interaction Therapy), TFCBT (Trauma-focused Cognitive Behavioral Theory), Seeking Safety, CORS (Crisis Oriented Recovery Services), Infant Massage, MAP (Managing and Adaptive Practices), Motivational Interviewing, Postpartum Support Groups, Trauma-informed approaches, and Triple P (Positive Parenting Program)
Appointment Required?	No
Insurance Accepted:	Medi-Cal
Resource Type:	non profit
Intake Requirements:	Based on the program requirements
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Hours:	please contact provider for hours