

## MATERNAL MENTAL HEALTH RESOURCE DIRECTORY

### Provider Profile

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#### **Esther Chon, PhD**

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626-590-9285

<https://www.thecenterforconnection.org/esther-chon/>

Languages:	English and Korean
Age Group Served:	all
Services:	Family/Dyad (parent and baby) Therapy, Group Support, and Individual Therapy
Evidence-Based Practices:	Attachment Theory Oriented Perspectives, CPP (Child Parent Psychotherapy), Floor Time, Play therapy, Interpersonal Neurobiology, Mindfulness Based Therapy, Mindful Parenting, Psychodynamic Psychotherapy, Reflective Parenting, Strength Based, Supportive Psychotherapy, and Trauma-informed approaches
Appointment Required?	Yes
Insurance Accepted:	not specified
Resource Type:	private practice
Intake Requirements:	None
Intake Requirements:	None
Hours:	please contact provider for hours